

# Harmony Hill School Challenge Course

*Empowerment...*

*Adventure...*

*Excitement...*



## Our Course Provides:

- *Teambuilding Skills*
- *Creative Problem Solving*
- *Improved Communication*
- *Self-Esteem Building*

For more information regarding the Harmony Hill Challenge Course visit [www.hhs.org](http://www.hhs.org) or to inquire about available dates and rates for your group to reserve the challenge course contact:

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## Challenge By Choice...

Located in rural Rhode Island, our Campus is surrounded by 150 acres of picturesque fields, woodlands and ponds, providing a peaceful environment for your group.

Our Challenge Course is a series of adventure-based activities designed to help build self-esteem and improve communication, teamwork, and creative problem solving. Through use of both mental and physical challenges, in an exciting and safe environment, both individuals and the group are able to achieve success.

We are proud of the extensive training required of our staff members involved in the Challenge Course, and

additionally work with a consistent group of outside individuals who are qualified to assist with very large groups.

Our Course has been used by college and high school sports teams, fire and police departments, as well as local companies and non-profit organizations.

Each experience is individually designed to meet the needs of the organization or group, and often includes themes such as Teambuilding, Leadership Development, Community Building, Therapeutic/Healthy Risk Taking or Empowerment, Educational Programs or Family Celebrations/Adventure Days.